Disability Management for Leaders Leading in Sickness and in Health

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### Introductions





#### **Rebecca Williams**

HR & Group Benefits Officer **Union of BC Municipalities** 

#### **Sam Cervantes**

Senior Manager, Disability Client Relationships & Health and Wellness **Pacific Blue Cross** 



# Agenda

Re-Introducing Sick Leave 01 (Work-Disability)

Leader's Influence on

02

Claim Duration and RTW

Modified (Transitional) Work

03

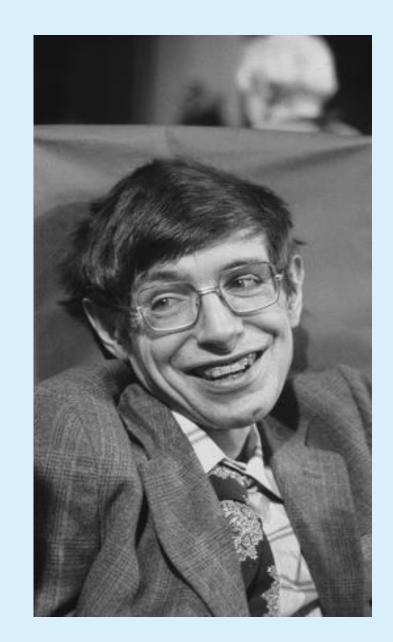


Re-Introducing Sick Leave (Work-Disability)



# Diagnosis **does not** equal disability

**1 in 2** | Government employees are managing at least one chronic medical condition

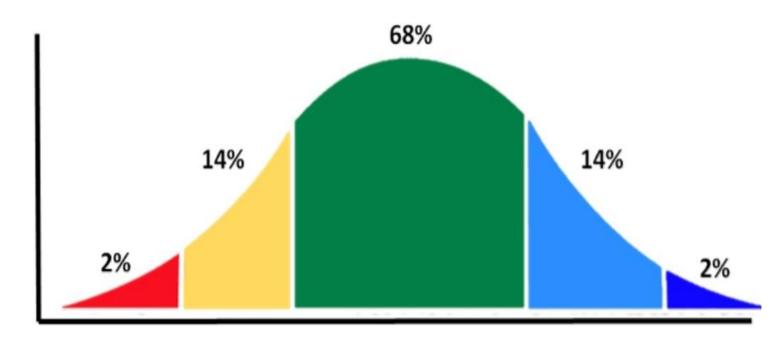




# Disability is not "all or nothing"

Experience of disability is unique and personal

It is not A or Z, it's fluid



Impact on Function





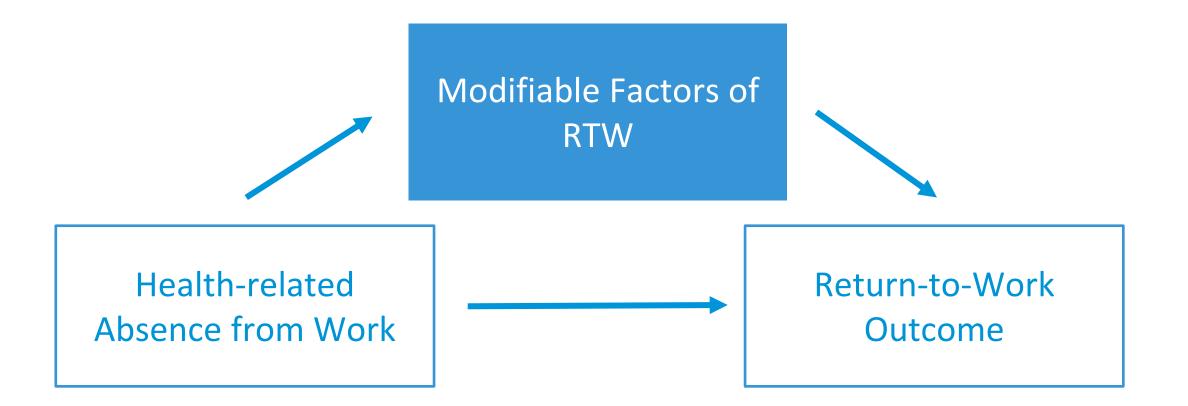
# Work-Disability depends on work environment (duties)

Disability is a result of interactions between functional impact of a diagnosis and our environment/duties

If we change the environment, we can enhance or reduce the impact of disability



### What Impacts Duration and Return to Work (RTW)?



Source: Dr Peter Smith, Differences in RTW Process for Work-Related Psychological and Musculoskeletal Conditions, Findings from an Australian Cohort (Apr 6, 2021)



### **Modifiable Factors of RTW Outcomes**





3

- **Positive Co-Worker Response**
- Effective Use of Modified/Transitional Work



**Collaboration on Return-to-Work Planning** 



Positive Case Manager Interactions

Source: Dr Peter Smith, Differences in RTW Process for Work-Related Psychological and Musculoskeletal Conditions, Findings from an Australian Cohort (Apr 6, 2021)



# Leader's Influence on Duration and RTW



### Supportive Supervisor Response







Setting the tone early with visible support

Apply a **learner's mindset** 

If work contributed to the disability, address it

Connect the employee with resources to help them recover



## 2 Positive Co-Worker Response



Maintaining connection to the workplace

Helps maintain sense of identity, and belonging

A disability mindset can quickly set in and harden, making it increasingly difficult for a recovering employee to see themselves



## 3 Collaboration on RTW Planning

RTW planning isn't done **to** an employee It's done **with** an employee

Be actively engaged in planning for RTW

Our best results are when we are all rowing in the same direction





# Effective Use of Modified (Transitional) Work





# Work-Disability depends on work environment (duties)

Exercising flexibility and temporarily modifying...

duties, hours, location

can facilitate timely RTW



## Potential Challenges with Modified Work

- ► Transitional duties ≠ Permanent Accommodations
- Safety Sensitive roles have unique considerations
- Clarifying roles and responsibilities for implementing modified work (HR, Collective Agreements)
- May impact eligibility for disability benefits if done proactively
- Complex cases (labour relations issue, performance issues) needs specialized support
  - Employees may not see modified work as supportive



#### AccessibleBC: B.C.'s Accessibility Plan



2022/23-2024/25



Being open to modifying work helps us build a culture of **accessibility** and disability-inclusion

# WORK SAFE BC

# **Bill 41** effective January 1 2024

An employer and injured worker will be required to co-operate with each other and with WorkSafeBC to ensure they need to work together to get the injured worker back on the job in a safe and timely way.



### **RECAP:** Modifiable Factors of RTW Outcomes





- Positive Co-Worker Response
- Effective Use of Modified/Transitional Work



1

2

3

Collaboration on Return-to-Work Planning



**Positive Case Manager Interactions** 

Source: Dr Peter Smith, Differences in RTW Process for Work-Related Psychological and Musculoskeletal Conditions, Findings from an Australian Cohort (Apr 6, 2021)



## Thank you!

For questions or additional information:

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### **Resources:**

Modified Duties for RTW (Provincial Government)

9 minute video on modified work created for leaders in the provincial government 60 Summits 12 Quick Management Tips (one page handout with 12 tips)

Many elements from this presentation on the supervisor's impact are captured in this handout





Tips for Managing Your Employee's Health-Related Employment Disruption

