

Photo from the NE, Elk, Ambrosia



# Health Care HR Recruitment & Retention

Upstream Strategies: Community Child Care Creation



# Up a Creek without a Paddle



# Reaching for Paddles



**SCHOOL DISTRICT 60**  
**PEACE RIVER NORTH**



**northern health**  
*the northern way of caring*



**PEACE RIVER**  
**REGIONAL DISTRICT**



**YMCA of**  
**Northern BC**



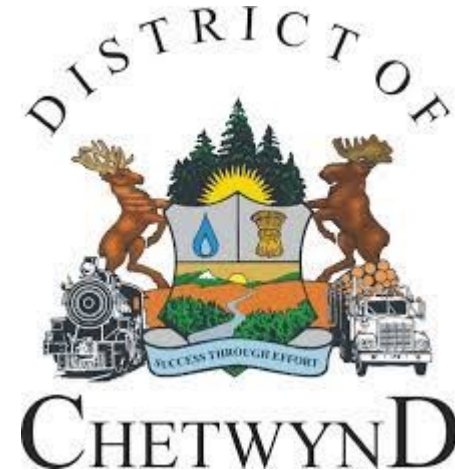
**Dawson Creek**  
BRITISH COLUMBIA



**BRITISH**  
**COLUMBIA**



**School District 59**  
Peace River South



# Parallel Purpose

## City of Fort St. John Vision

Fort St. John will be a **flourishing community**, where nature lives, businesses prosper, families are active and diversity is celebrated.

## Northern Health Mission

Through the efforts of dedicated staff and physicians, in **partnership with communities** and organizations, we provide exceptional health services for Northerners.

## Peace River Regional District Vision

A strong, diverse and sustainable Peace River Region inspired by innovative leadership that promotes **livable and safe communities** and a healthy, natural environment.

## City of Dawson Creek MISSION STATEMENT

The Corporate Mission of the City of Dawson Creek is to provide excellence in service and leadership that promotes a **dynamic community** within a healthy environment for all generations.

## YMCA of Northern BC Mission

The YMCA of Northern BC is a charity dedicated to **strengthening the foundations of our community** through promoting healthy living, fostering belonging, inclusion, and connection and helping children, families, and seniors thrive!



# Forming Foundations

“Work-life balance is the state of equilibrium where a person equally prioritizes the demands of one’s career and the demands of one’s personal life.” ~Business News Daily



“A sense of community is a feeling that members have of belonging, a feeling that members matter to one another and to the group, and a shared faith that members' needs will be met through commitment to be together.” ~Psychnet.apa.org

# Pieces of the Puzzle



# Pulling it all Together





# Workforce Sustainability Pilot Project



**SCHOOL DISTRICT 60  
PEACE RIVER NORTH**



**YMCA of  
Northern BC**



# CALL to ACTION

When you find yourself  
*“Up a Creek without a Paddle”*

- Reach for a **PADDLE**
- Find partners with **PARALLEL PURPOSE**
- Form a solid **FOUNDATION**
- Gather the **PIECES OF THE PUZZLE**
- Pull it **ALL TOGETHER**
- And **PILOT A PROJECT**

# **Viva Swanson RN BSN MBA**

NE Advisor, Leadership Development

NE Corporate Services

Northern Health Authority

Suite 230-9900-100th Avenue

Fort St. John, BC V1J 5S7

Tel: 250-261-7678

[viva.swanson@northernhealth.ca](mailto:viva.swanson@northernhealth.ca)